



Coronavirus (COVID-19) Infection Prevention & Control Policy

For

CALMSTONE- THE HIDEAWAY

- Please attend your appointment alone and on time. Please call me on arrival and I will come out to meet you to bring you through for your appointment.
- Please try to use your own toilet facilities before arriving for treatment. If you need to use our toilet facilities, you will be required to wear a facemask.
- Please wash your hands in the outdoor washbasin before entering the Hideaway.
- You will be required to wear a face covering where appropriate. Please bring your own.
- Please bring minimum belongings with you.
- Please bring your own water bottle with you, if possible.
- I will issue you with an invoice as bank transfers are the preferred method of payment.
- In accordance with government guidelines, you are required to leave your details when attending The Hideaway to assist in the track and trace database if required,
- Continuous hygiene and sanitisation procedures will be maintained at all times.
- Please reschedule appointments if you are suffering from COVID or have any symptoms or anyone in your households has COVID
- Please reschedule appointments if you have had any vaccinations within two weeks of your appointment.

Thank you for taking the time to read these guidelines.

As always your Health and safety is paramount. I look forward to taking care of you all soon....