

Calmstone Privacy Policy

How we respect privacy when we deal with personal information collected by Calmstone

This Privacy Policy applies to information Calmstone collects about individuals who interact with our company. It explains what personal information we collect and how we use it. If you have any comments or questions about this notice, feel free to contact us at enquiries@calmstone.co.uk

1. Personal data that we process

The following table explains the types of data we collect and the legal basis, under current data protection legislation, on which this data is processed.

2. How we use your data

Prior to treatment Calmstone will require personal health information for health consultations to ensure treatments are able to take place. This is a requirement from professional industry bodies and the insurance companies and is highlighted in insurance documents.

We will only use your data in a manner that is appropriate considering the basis on which that data was collected, For example, we may use your personal information to: ● reply to enquiries you send to us; ● handle financial transactions, where you have specifically agreed to this. ● complete health consultations and treatment plans, ● send you communications by email relating to Calmstone, which we think may be of interest to you. For example – latest offers or treatment availability, product information or promotions, training contracts and information

Purpose	Data (key elements)	Basis
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Enquiring about the Calmstone treatments and training		
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Name, email, postcode, image, message		
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Legitimate interests - it is necessary for us to read and store your message so that we can respond in the way that you would expect.		
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Subscribing to email updates about our work	Name, email	Consent - you have given your active consent.
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Completing Health consultations and disclosing personal health information		
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Name of client, health information, address, phone number, email		
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Contract – by signing health consultation or training agreement you have entered into a contractual relationship with us as set out in our terms and conditions.		
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Website functionality		
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Website activity collected through cookies		
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Legitimate interests - it is necessary for us to store a small amount of information, usually through cookies, to deliver functionality that you would expect.		
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3. When we share your data

We will only pass your data to third parties in the following circumstances: ● you have provided your explicit consent for us to pass data to a named third party; ● we are using a third party purely for the purposes of processing data on our behalf and we

have in place a data processing agreement with that third party that fulfils our legal obligations in relation to the use of third party data processors; or

- we are required by law to share your data.

In addition, we will only pass data to third parties outside of the EU where appropriate safeguards are in place as defined by Article 46 of the General Data Protection Regulation.

4. How long we keep your data We take the principles of data minimisation and removal seriously and have internal policies in place to ensure that we only ever ask for the minimum amount of data for the associated purpose, and delete that data promptly once it is no longer required. Where data is collected on the basis of consent, we will seek renewal of consent at least every three years.

5. Rights you have over your data

You have a range of rights over your data, which include the following:

- Where data processing is based on consent, you may revoke this consent at any time and we will make it as easy as possible for you to do this
- You have the right to ask for rectification and/or deletion of your information.
- You have the right of access to your information.
- You have the right to lodge a complaint with the Information Commissioner if you feel your rights have been infringed.

A full summary of your legal rights over your data can be found on the Information Commissioner's website here: <https://ico.org.uk/>

If you would like to access the rights listed above, or any other legal rights you have over your data under current legislation, please get in touch with us.

Please note that relying on some of these rights, such as the right to deleting your data, will make it impossible for us to continue to deliver some services to you. However, where possible we will always try to allow the maximum access to your rights while continuing to deliver as many services to you as possible.

6. Cookies & usage tracking A cookie is a small file of letters and numbers that is downloaded on to your computer when

you visit a website. Cookies are used by many websites and can do a number of things, eg remembering your preferences, recording what you have put in your shopping basket, and counting the number of people looking at a website. Where cookies are used to collect personal data, we list these purposes in section 1 above, along with other personal data that we collect. However, we also use some cookies that do not collect personal information but that do help us collect anonymous information about how people use our website. We use Google Analytics for this purpose. Google Analytics generates statistical and other information about website usage by means of cookies, which are stored on users' computers. The information collected by Google Analytics about usage of our website is not personally identifiable. The data is collected anonymously, stored by Google and used by us to create reports about website usage. Google's privacy policy is available at <http://www.google.com/privacypolicy.html>.

7. Modifications We may modify this Privacy Policy from time to time and will publish the most current version on our website. If a modification meaningfully reduces your rights, we'll notify people whose personal data we hold and is affected.

